

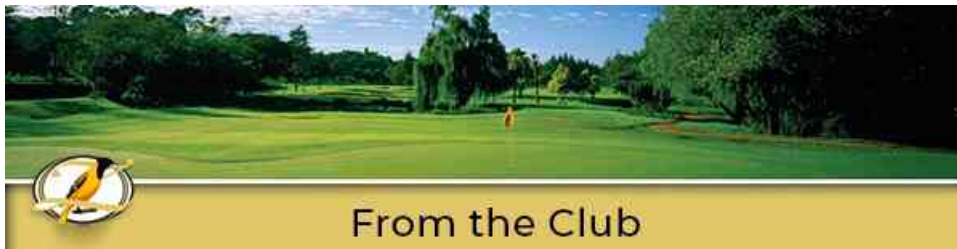
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Thursday, August 26, 2021

[Club Website](#) | www.zwartkopproshop.co.za | **Tel:** 012 654 2111



Gate access: please could we request that all Zwartkop members; visitors and staff use the right-hand lane for access into the club so that we can conduct Covid screening.

Course Updates...

You'll be happy to hear that the changes to the 12th green are coming along very nicely and the range mats are in play.



Golf – Fun – Friends – Food – Live music

The KitKat Group Celebration of Golf takes place from Sunday, **26th September** to Sunday, **3rd October 2021**.



CELEBRATION OF GOLF

SUN 26TH SEPT TO SUN 3RD OCT 2021





SUN - FAMILY FEUD FOURSOMES - AM & PM
MON - CELEBRATION OF GOLF PRO AM
TUES - SENIOR CHALLENGE - AM & LEAGUE CHALLENGE - PM
WED - CELEBRATION OF GOLF COMMANDO
THURS - LADIES ROSEBOWL - AM & 21 CLUB & FRIENDS - PM
FRI - CELEBRATION OF GOLF CHARITY DAY
SAT - MEMBERS DAY - AM & PM
SUN - MEMBERS - AM & SINGLES CHALLENGE - PM

On Tuesday, **28th September** we have two events for you to participate in...

Senior Challenge – AM

Any over-50 senior may enter so make sure you spread the word – visitors are welcome. The entry fee is R150 (or R20 for members with a player's card). Golf carts R180 each. No competition fee will be charged.

Call the golf shop to book on tel 012 654 2111 or email your request to sharon@zwartkopcc.co.za.




CELEBRATION OF GOLF

SENIORS MORNING

TUES, 28TH SEPT

ENTRY FEE R150 (R20 WITH A PLAYERS CARD)
NO COMP FEE / GOLF CARTS R180

ENTRIES - SHARON (012)654-1144 /SHARON@ZWARTKOPCC.CO.ZA

Zwartkop League Challenge – PM

This event is open to all Zwartkop Country Club League players. The entry fee is R350 pp (excluding green fees), but includes golf carts on a sharing basis, halfway house, dinner & prizes.

Please enter through your own league captain or contact the captain, **Chris Delport** on **079 510 9062**.



OPEN TO ALL ZCC LEAGUE PLAYERS

**ENTRY FEE R350 INCL CARTS SHARING, HALFWAY, DINNER
& PRIZES (ADD GREENFEES IF NO PLAYERS CARD)**

ENTRIES THROUGH YOUR LEAGUE CAPTAINS

We would like to get each day sponsored, and donations of prizes would be most welcome. If you would like more information, contact **Sharon** by email on sharon@zwartkopcc.co.za.

Star of the Week

Congratulations to **Charl Kirsten** from Deltrofusion who had a hole-in-one on the 3rd hole on Tuesday.



Let us help you to play better golf

This week Adam discusses when you should and shouldn't attack the flag.



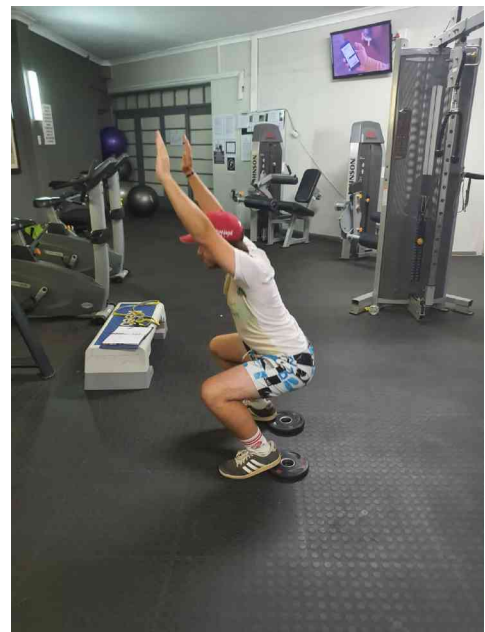
Adam Lowther is an Assistant Teaching Professional at Zwartkop.

Get your body and golf in sync

Justin Godfrey is doing a great job working with the students of the Golf Management Campus. He can absolutely help you too!

He is Level 1 Titleist Performance Institute (TPI) certified, and is able to improve your golf through a combination of TPI and golf exercises, especially if there is an underlying weakness in your body which is affecting your golf swing.

Contact Justin on **082 925 0236** for more details.





August Specials – last chance!

The perfect opportunity to upgrade your golfing gear

All Jackets & Jerseys

Less 25%

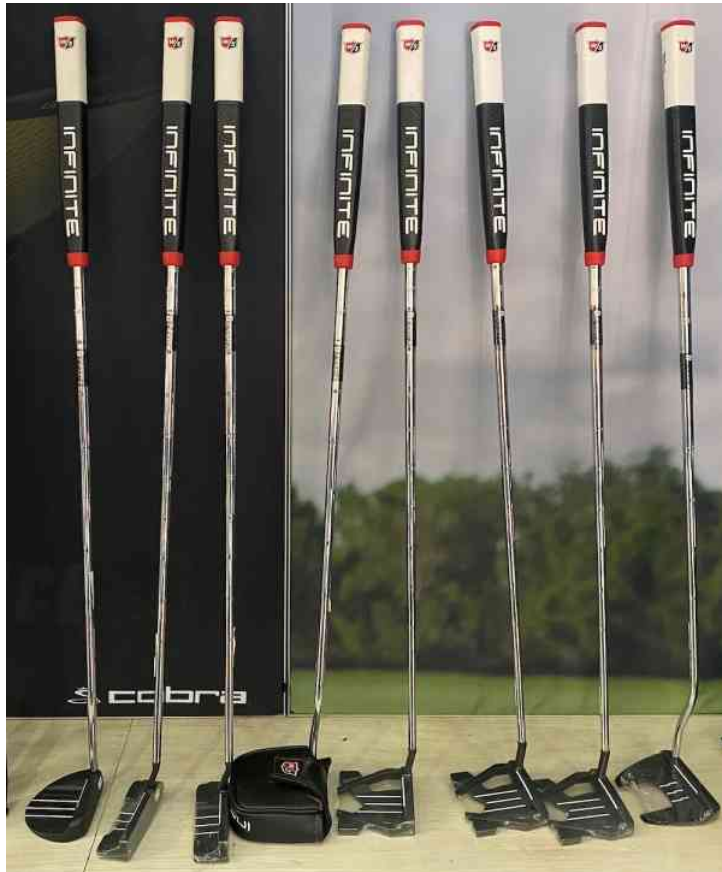


adidas Code Chaos Shoes

R1 399 – SAVE R1 000



Wilson Putters
Less 15%



Wilson Golf Bags

Less 15%



Grab your gear before they are gone. Reserve your item in the link below.

[Reserve now >](#)

Golf Club Trade-in

Chat to **Joseph** in the golf shop for details and use your cash to upgrade your set or by something else from the shop!

TURN YOUR CLUBS INTO CASH

**We'll trade in your old Golf Clubs for a
ZCC Golf Shop Credit**

- **We'll give you 70% of what we can sell them for**
- **Use your credit to buy new clubs, shoes, bags or clothes**

**Call (012)654-1144
for details**



Lions Club Used Clothing Collection

Please remember to support the Lions' collection of old clothing this week – you have until Sunday to drop off in the golf shop.




The Lions are collecting used clothing from 23rd to 29th August

**If you have any to donate,
please drop them off in
the basket in the golf shop
by
Sunday, 29th August**





Events, Results & Online Bookings



Calendar >

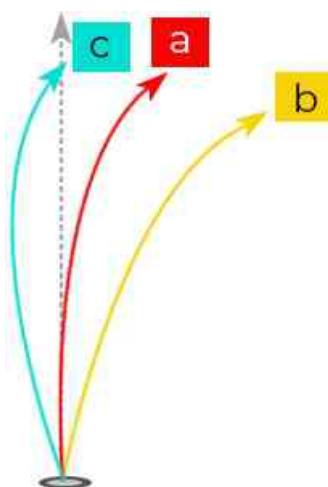
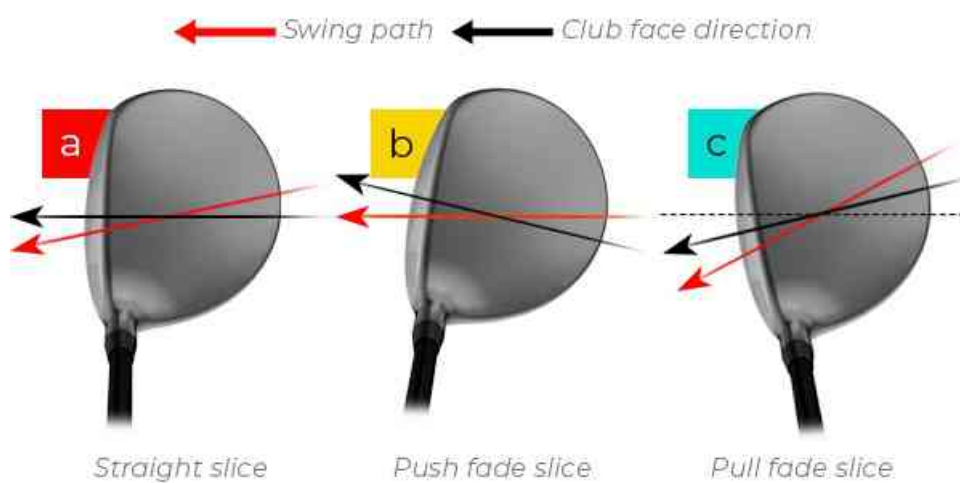


Results >



Bookings >

No more slice
You can't fight the law





You can't fight the laws of ball flight. The result of your swing path and the face angle at contact is going to determine how your golf ball behaves.

The good news is that improving the face angle relationship to the target line has a much bigger impact on how wide you finish from the target than you expect (especially with the driver).

If the result of your swing is A, or B on a regular basis, then please

Join our Masterclass >



Ernie Els has one of the smoothest swings in golf, and says XXIO is “an easier way of playing the game.” Find out why he partnered up with XXIO.

[Watch the video >](#)

Set Your Foundation **How's your separation?**

Full mobility enables you to 'separate' your upper body and hips during the golf swing. This allows you to make a full shoulder turn with good hip rotation, helping you hit longer golf shots. But as we age, we can lose the ability to rotate fully at all, never mind make this separation.



This exercise can be performed by young and old alike and is a great way to improve your separation and upper body rotation.



Squeeze an exercise ball between your legs as you rotate slowly side-to-side with your arms hooked around an iron.
You can also do this exercise without an exercise ball; just make sure your knees aren't collapsing inward.

If you're unsure how to perform this exercise, please ask a fitness professional.

How's your mobility?

A swing assessment can help us identify any areas where you might be restricted. Then we can decide whether a change in technique or a recommended visit to a physical trainer or both, would be best for you.

Get moving >



To ensure delivery, please add zwartkop@greensidegolfer.retailtribenews.com to your contacts.

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