

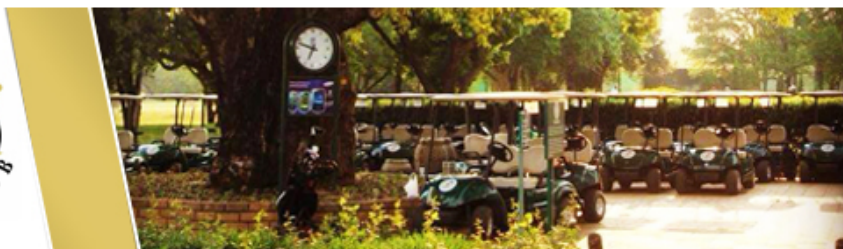
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Tuesday, 02 July 2019

[Club Website](#) | www.ianhayes.co.za | Tel: 012 654 2111



From the Club

July is Junior Golf Month!

Our juniors are playing in the **Junior Club Champs** this week, but junior golf is so much more than that.

It gives children the opportunity to break away from digital technology, even if it's just for a short time. It's a fun, physical activity, out of doors, which provides vital and "real" social interactions with other kids - and adults.

Read the article below in the newsletter, and then consider enrolling your kid/s in our **Junior Golf Group Classes**.

Justin Godfrey, our resident junior golf pied-piper heads up our junior programme, and he can't wait to get your kids passionate about the game.

Click on the poster to enlarge





Junior Group Lessons

1 hour / week in public school terms
Classes grouped according to ages &
8 kids max / PGA Coach

Our juniors get:

- *FREE golf membership
- *FREE golf after 16h00
- *Free Range Balls after 16h00
- *Free use of the Mashie Course
- *Fun Junior four-balls on a Sat afternoon

Contact Elsabe 082-922-8408 / elsabe@zwankecc.co.za



Club Champs is going well and we have 30 kids battling it out there for the title, some of whom are genuine “bunnies” which is great to see!

Pizza Night – keep your kids entertained

In keeping with our “Junior” theme, if you are a supporter of Tuesday’s pizza nights then you may be interested in taking up the offer of enrolling your kids into the Canvas Club’s Arts & Crafts Session every Tuesday evening from 18h00 – 18h30.

Call Yots for details & bookings on **078-509-8380** / yots@canvas.club



canvas club



ARTS & CRAFTS

KLASSE | PARTYTJIES | FUNKSIES

In collaboration with
Zwartkop Country Club



Call Yots to book
078 509 8380
yots@canvas.club
or ask your waiter

Every Tuesday (At the Club House)
6pm to 6.30pm
R50 (cash only please)
Children from 4yrs until 12yrs

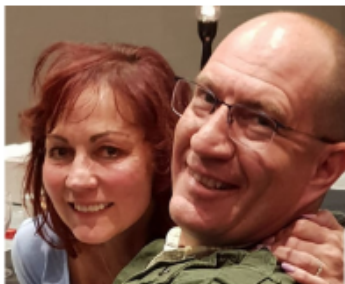
Arts & Crafts Play for a half hour
Enjoy your Pizza with peace of mind!



Thank you to Du Toitskloof Wine for our superb Wine Tasting

last week.

Superb food & music, good company and great wine – thank you to all that made it happen including Linda and her catering team, and winemaker Tiaan Loubser, and the team from Du Toitskloof.



This Saturday is our first event in the Cape of Good Hope Wine Series

The winning Pairs from the Club Qualifier on Saturday will go through to a Regional Final and then onto a National Final at Leopard Creek.

The winners of the National Final will be invited to play in the Pro-Am of the Alfred Dunhill Championship at Leopard Creek, but don't worry, even if you don't progress, every

Championship at Leopard Creek, but don't worry, even if you don't progress, every golfer who registers and plays in the Club Qualifier will automatically be entered into a Lucky Draw for a chance to win a VIP Guest Experience at the Dunhill Links Championship in Scotland in September!

Otway & Glen Hayes Mixed – Sun, 7th July

We literally have a couple of places open for the Mixed on Sunday, so give the golf shop a call. If you need a partner they will do their utmost to assist! Lavanier Wine is one of our sponsors and we will have a tasting at dinner!

Call the golf shop on **(012)654-1144** or enter online at www.zwartkopcountryclub.co.za

Otway & Glen Hayes Mixed
Sun, 7th July 2019

R350pp incl. greenfees, comp fee, dinner
& LIVE MUSIC
(R150 for pre-paid greenfees)
BB Stableford
Cart Special R200 - sharing

Visitors Welcome!

Call the Golf Shop on (012)654-1144 or book online -
www.zwartkopcountryclub.co.za



Good news

Practice with Purpose in July

Practice with Purpose in July...

Join Elsabe and Justin **every Wednesday** from 12h00 – 13h00 in July as they focus on putting & driving

PRACTISE WITH PURPOSE



**Join Elsabe &
Justin's
PRACTISE CLUB
Have fun & Make
new friends...**

**12h00 - 13h00 EVERY
WEDNESDAY IN JULY**

R100 FOR THE MONTH

**JULY FOCUS -
PUTTING & DRIVING**

Call Elsabe on 082-922-8408

Adult Group Lessons from 9th July

In addition to the Practice Club we are introducing Adult Group Lessons...

Make new friends or get your friends together for a group class! No more than 8 students per class and beginners to lower handicaps are all welcome. We will cover all aspects of the game. Contact Elsabe to set up suitable dates and times - **082-922-8408 /**

elsabe@zwartkopcc.co.za

ADULT GROUP LESSONS



**A great way to learn or improve your golf -
and it's more fun in a group!**

R1000 PER SCHOOL QUARTER

8 students max per class. Beginners to lower handicaps are
all welcome. We will cover all aspects of the game

Contact Elsabe on 082-922-8408
/ elsabe@zwartkopcc.co.za

Spotted...

Neil Ebedes spotted this Black-headed Heron on the 4th hole...



2019 / 2020 Zwartkop Company Challenge

The next Series will start on the **14th August** and there are some big changes. Our aim is to make the Company Challenge much more fun and to help us achieve that, we are reverting to staggered tee-times with a different competition format each month. There will be various lucky draw prizes each month as well as a prize for the team finishing in 1st position.

At the end of the Series, there will be 2 main lucky draws for companies who participate in a minimum of 10 events - One lucky team will win a Par Corporate Membership valued at R58 212 & Another lucky team, will receive free entry to the following season's Company Challenge, valued at R19200!

The entry fee has not been increased for next year **R400** per player incl. green fees, competition fee, halfway & dinner; R250 per pre-paid member & R240 per golf cart.

Dates are:

14 August

18 September

16 October

12 November

4 December

22 January

13 November

4 December

22 January

19 February

18 March

22 April

20 May

24 June

22 July

Contact Sharon for entries or further details on **(012)654-1144** /
sharon@zwartkopcc.co.za

Jokers Wild Draw

Congrats to Marianne Mostert who won Friday's Jokers Wild draw but sadly didn't manage to find the Jokers Card. The draw has now risen to over **R16 000!** Pop down for drink on Friday afternoon where we have live music going and the draw gets done at 18h30.



Monthly Medal

Congrats to **Almero Meyer** who won this month's Monthly Medal on a net score of 63!

Get in shape with Bootcamp & Personal Training now at Zwartkop

Daphne Jacobs offers 1-on-1 sessions in the gym in addition to outdoor Boot Camp classes. Contact her for more details on **072-297-4937** / daph01@icloud.com

Are you ready Zwartkops ?



Join our outdoor fitness group session,

When: 06:00 - 06:30am
Monday, Wednesday & Friday
Where: We meet in front of Golf shop
What do I need: Bring your training mat and bottle water

Booking is essential; book your space today



R370 per month

Monthly body measurements:

- Bodyfat %
- Weight
- BMI

Nutritional guidelines

SILVERLINE

Fitness



Personal training

EXCUSES DON'T BURN CALORIES

All fitness levels welcome,

Daphne Jacobs
072 297 4937
daph01@icloud.com



Follow us on
Instagram



@silverlinefitness

New Members

We'd like to welcome the following new members to the Club – **Mr Jacendra Naidoo; Mr Charles Lubbe; Mr Ulrich van Schalkwyk; Mr Aadil Kalla & Mr Ridwaan Kalla.**

We wish you many happy years at Zwartkop. Please contact Ian Hayes or Joseph Phiri in the Golf Shop **(012) 654-1144 / golfshop@zwartkopcc.co.za**, should you need any assistance at all in getting acquainted at the Club.

Zwartkop Hair & Beauty Salon

IDAHA'S WINTER SPECIAL - If you a new client to the salon you'll receive 25% off on any service. (Offer valid for first time clients only). Call or WhatsApp Idah for bookings on **067-297-3952.**

Winter Hours for the salon – Tuesday to Friday: 09:00 - 18:00 & Saturday: 08:00 - 16:00.



Winter Salon Special

*First-time clients receive a
25% Discount on selected treatments:*

Sensation Skin Treatment - R500

Pedicure & Manicure (gel included)- R400

Full Body Massage - R350

Back & Neck Massage - R260

Eyebrow Wax & Tint - R100

Call or WhatsApp Idah on 067-297-3952 for bookings

*Offer valid for first-time clients only & for the month of
July 2019. Prices quoted above are already discounted!

Make use of the online booking system – www.hairbytracey.co.za or WhatsApp **066-253-1540**. Book for beauty sessions by calling Idah on **067-297-3952**.



What's coming up?

Tues, 2nd – TASTY TUESDAY OPEN DAY & HALF PRICE PIZZA TUESDAY

NIGHT!

Tasty Tuesday includes a golf cart sharing & a pizza after golf! Members pay **R290** (prepaid greenfees pay R185); Affiliated Visitors pay **R370** & Unaffiliated Visitors pay **R470**.

Pizza Night - Bring the whole family down for a treat. T's & C's apply, including standard pizza's only & no take-away's. We'll have live music.

Wed, 3rd – Open Day - AM Only / **Wooster Wednesday** – live music & unbelievable chicken flatties...

HALF PRICE PIZZA TUESDAYS



CLUBHOUSE
FOOTBALL
CLUB

Every Tuesday from 17h00
Standard Pizza's Only
T's & C's Apply
No take-aways

Live Music



**"W" OOSTER
WEDNESDAY!**

**CHICKEN FLATTIE FOR
R90 !!!**

Thurs, 4th – **Meat Day** – Members pay R260 including comp fee & Affiliated Visitors pay R280 including comp fee.

Fri, 5th – Open Day & **Jokers Wild Draw** at 18h30

Sat, 6th – Members Day – **Cape of Good Hope Wine Series**

Sun, 7th – Members - AM / **Otway & Glen Hayes Mixed** – PM

Mon, 8th – **Monday Madness** (Members & Affiliated Visitors pay R225 (includes golf & a half cart on a sharing basis). Non-affiliated golfers pay R225). All Day

& a golf cart on a sharing basis). Non-affiliated golfers pay R335) – All Day

Tues, 9th – Tasty Tuesday & Half Price Pizza Night!

9-Hole Specials - Play 9 holes after 15h30 & the price includes a cart & bottle of water -
Members R120 (No cart = R70); Visitors R150 (No cart R100) & Juniors R100 (No cart R50).

Fun GNGU Events for you to participate in:

4th – Juniors 36 holes @ Silver Lakes

7th / 8th – Tshwane Junior Open @ Irene CC

11th July – Senior Ladies @ Akasia

14th – Juniors 18 holes @ Blue Valley

You can enter via the [GNGU website](#).

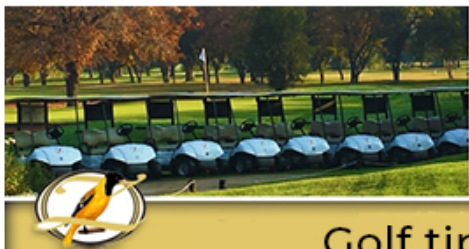


Brand new!

Callaway Chev Mulligan S Golf Shoes now in store for only **R1599!**



[Reserve yours >](#)



Golf tip of the week

Let us help you play better golf

This week Elsabe gives a tip for beginner or junior golfers off the first tee.



Events, Results & Online Bookings



[Calendar >](#)



[Results >](#)



[Bookings >](#)



Centre of Gravity (CoG) matters

CoG can impact tee shot distance by 20+ metres

Below are two drivers with exactly the same loft. Let's assume they also have an identical shaft and shaft length.

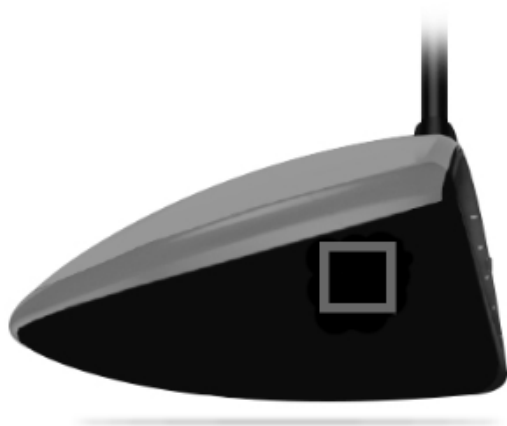


The white DOT marks the CoG

The white line through the centre of each driver represents the neutral axis. Almost all

drivers have a CoG that is above this line. Both the distance above, and how forward or back the CoG is, will impact on the angle the ball actually launches, the amount of spin on the ball, and the amount of MOI (forgiveness the driver has).

The driver on the left will go farther for a slower swing speed golfer as it will launch higher and with more spin. The driver on the right will go farther for a more aggressive golfer with a faster swing speed because it will launch a little lower and spin a lot less.



The difference between CoG locations in drivers can be measured in millimetres, but the difference in distance can be measured in tens of metres.

CoG affects the launch conditions (angle and spin) and that significantly impacts on how far your ball will travel.

Fix your millimetres and metres

Get every metre off the tee your potential deserves. Come and have a tee shot assessment and let's see how we can add 20, 30 and even more metres to your tee shots.

[Contact us >](#)

Who is XXIO?

An advertisement for XXIO golf clubs. The background is dark with a large, faint 'XXIO' logo. On the left, there are several golf clubs, including a driver and a wedge, some with 'XXIO' and 'ERNIE ELS' branding. On the right, the XXIO logo is prominently displayed above the text 'WHO IS XXIO?'. Below this, a paragraph describes XXIO as one of the world's fastest growing premium golf equipment manufacturers, crafted for moderate swing speed golfers to help increase enjoyment and performance.

XXIO

WHO IS XXIO?

XXIO (ZEK-SI-OH) IS ONE OF THE WORLD'S FASTEST GROWING PREMIUM GOLF EQUIPMENT MANUFACTURERS. XXIO PRODUCTS ARE PAINSTAKINGLY CRAFTED FOR MODERATE SWING SPEED GOLFERS TO HELP INCREASE ENJOYMENT OF THE GAME WITH LOWER SCORES AND BETTER PERFORMANCE.

ERNIE ELS
GLOBAL BRAND AMBASSADOR

A better life for them

You didn't grow up like this

Does the way children grow up today worry you? How radically different is their childhood and teens to that of just 20 years ago?

School seems more intense.



At home, they're still connected to everyone else.



Then it's off to play computer games.



Children have to be digitally literate, but they also need to invest in movement and

Children have to be digitally literate, but they also need to invest in movement and athletic ability, their health and well-being, and their interpersonal skills.



Let us add balance to their lives

Have your child enroll into one of our group sessions to learn to play golf, and we'll have them outdoors, interacting, learning new skills, and having a whole stack of fun they can take out onto the golf course. They won't stop playing computer games, but for a couple of hours each time we'll have them off the phone, out from in front of the screen, engaging in fun activity.

[Contact us >](#)



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